

## SUPERVISING SHOWERS

- AUTHORITY:** Administrative Directive  
California Code of Regulations, Title 15 – Minimum Standards for Juvenile Facilities, Sections 1482, 1485 & 1486
- RESCINDS:** Procedure Manual Item 3-2-034, dated 09/11/15  
Procedure Manual Item 3-3-003, dated 11/20/15  
Procedure Manual Item 3-8-003, dated 01/15/20  
(MAJOR REVISION/RENUMBERED)
- FORMS:** Clothing Size Chart
- PURPOSE:** To establish guidelines and procedures for implementing and supervising showers at juvenile facilities.

### I. GENERAL INFORMATION

- A. Showers will be conducted on a daily basis. All youth will be given the opportunity to shower consistent with the daily schedule of their assigned unit.
- B. Staff of the opposite gender will respect youth's privacy and personal dignity **at all times, absent a safety and security need.**

### II. SHOWER PROCEDURES

- A. Each group should be structured on behavior expectations and time limits prior to showering. No more than one youth will be allowed in each shower stall. All youth will be encouraged to shower daily.
- B. Before clothing bundles are handed out, each youth should have their necessary hygiene items for showers, **shampoo, post-shower conditioning hair products, soap, lotion, deodorant, toothbrush, toothpaste, shaving implements and a comb.**
- C. Each youth is given a bundle which includes:
  - 1. Clean towel
  - 2. Washcloth
  - 3. Clean undergarments
  - 4. Clean socks
  - 5. Clean shirt
  - 6. Mesh bag, labeled by room number

Bundles are made up daily by the youth designated in each unit as the laundry worker. Staff are to ensure bundles are made correctly and without obvious favoritism. Sizes must be in accordance with clothing sizes noted in each youth's file.

- D. During showers, the remaining non-showering group should be seated at the unit carpet area or otherwise not inside the bathroom. For effective supervision, there must be limited activities during any time where youth are showering.
- E. Unit staff must direct each youth to check their bundle prior to entering the shower stall and report any missing items or problems to staff.
- F. The youth puts their soiled shirt, socks, and pants (if it is the unit's day for clean pants) in the soiled linen bin, located in the shower area. Once showers are completed, each youth places their towel and washcloth in the soiled linen bin. Each youth places their undergarment(s) in their assigned bag for laundering.
- G. Each youth must be in a shower stall before completely disrobing. It is important that staff ensure privacy for each youth while providing proper supervision.
- H. One staff member of the same gender will supervise the showering youth. The staff member must directly supervise showers from a standing position. Even youth who shower alone must be supervised and monitored.
- I. After showering, each youth will be allowed the opportunity to comb their hair, apply deodorant, lotion, or medically approved items in a reasonable time frame.

**REFERENCES:**

Procedures:	1-4-123	Prevention, Detection, Reporting and Response to Incidents of Sexual Abuse, Harassment and Misconduct in Juvenile Facilities (PREA)
	3-2-011	Supervising Youth of the Opposite Sex
	3-5-004	Youth's Rights/Orientation
	3-8-004	Daily Schedule- Juvenile Hall

N. Avila

**APPROVED BY:**