

SPECIAL DIETS

- AUTHORITY:** Administrative Directive
California Code of Regulations, Title 15 – Minimum Standards for Juvenile
Facilities, Section 1462
- RESCINDS:** Procedure Manual Item 3-1-403, dated 09/11/15
(MAJOR REVISIONS/RENUMBERED)
- FORMS:** None
- PURPOSE:** To have a uniform procedure for providing special diets to youth in custody
at juvenile facilities.

I. GENERAL INFORMATION

- A. Only the attending physician shall prescribe a medical diet. The medical diets utilized by a facility shall be planned, prepared, and served with the consultation of a registered dietitian. The facility manager shall comply with any medical diet prescribed for a youth. Diet orders shall be maintained on file for at least one year.
- B. The facility manager and responsible physician shall ensure that the medical diet manual, with sample menus for medical diets, shall be available in both the medical unit and the food service office for reference and information. A registered dietitian shall review, and the responsible physician shall approve the diet manual on an annual basis.

II. PROCEDURE

- A. Medical/Vegetarian/Vegan/Religious Diets
1. Any youth who is on an approved special diet shall have a notation on the Unit Treatment Sheet. Unit staff will be responsible to ensure that the youth receive the special diet as approved and prepared.
 2. Medical staff will be responsible for prescribing, in writing, any special diets for medical or therapeutic reasons. These meals will be coordinated with the Kitchen. Special Diets include, liquid diets, Pregnancy diets, and Diabetic diets.
- B. Vegetarian/Vegan
1. A youth who advises they practice a vegan or vegetarian diet may request meals to accommodate their practicing dietary restrictions. Staff will contact the kitchen to inquire if the accommodation can be made.
- C. Religious Diets

1. Any youth practicing a religious diet must advise staff and unit staff will notify the kitchen to provide them a meal that meets the religious needs.

D. Changes in Special Diet

1. Staff should not exchange any Special Diet meals or snacks for youth without receiving prior authorization from the OCJH Medical Unit. Any changes need to be clearly communicated with kitchen staff.

E. Staff should document in ICMS that special meals/snacks were served to the youth

REFERENCES:

Procedures: 3-12-001 Health Care Procedures for Probation Staff

Policies: F-10 Medical Examinations and Treatment for Juveniles

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APPROVED BY: