

SHOWER GUIDELINES YOUTH LEADERSHIP ACADEMY

- AUTHORITY:** California Code of Regulations, Title 15 Sections 1480 through 1483
- RESCINDS:** Procedure Manual Item 3-8-003, dated 1/21/15
- FORMS:** None.
- PURPOSE:** To establish consistency regarding showers and clothing exchange in all units at the Youth Leadership Academy (YLA).

I. GENERAL INFORMATION

- A. Showers will be conducted on a daily basis. All youth will be given an opportunity to shower (consistent with Procedure Manual Item (PMI) 3-8-013 [Program Schedule Youth Leadership Academy]). Youth will be given sufficient time to complete a thorough washing and change of clothing.
- B. All youth are provided an opportunity to attend to personal hygiene needs before and after each meal and at bedtime consistent with above-referenced PMI 3-8-013.
- C. **Each youth is issued up to four pairs of new underwear/undergarments to keep in their rooms throughout their stay. During showers, each youth is responsible for coming out of their rooms with a clean pair of underwear to change into consistent with PMI 3-8-010.**

II. PROCEDURE

- A. Showers begin when all youth are seated in the day area or if they are being conducted from the rooms per section E. below, when all youth are in.
- B. Bundles are passed out immediately prior to showers. Bundles include a:
 - 1. **Mesh bag, labeled by room number**
 - 2. Clean towel
 - 3. Clean Washcloth
 - 4. Clean underwear/underclothing
 - 5. Clean socks
 - 6. Clean shirt
- C. Youth are to check the bundle and report any problems to staff immediately. Before showers begin, all youth will have with them personal hygiene items including a brush or comb.
- D. Youth will turn in their soiled shirt, socks, pants (if it is the unit's day for washing pants) and underwear/underclothing upon entering the shower. Once the shower is completed and the youth is dried off and dressed, they will turn in their used

towel, wash cloth and soiled clothing. **Youth will place their soiled underwear in their assigned mesh bag and laundry bin after showers.**

- E. During showers, youth may work on their program material, write letters, listen to music or watch TV. Small group or one-on-one counseling may also be conducted when applicable, depending on sufficient staff coverage. For purposes of conducting efficient operations, youth may shower from their rooms as determined by on-duty staff with supervisory guidance.
- F. One staff of the same gender as the youth will directly supervise showers. No youth are to shower without direct staff supervision. Direct supervision is defined as standing in the shower room doorway to enable a clear line of sight view for every youth/shower stall. The remaining staff members will supervise the remainder of the youth in the day area and/or their rooms.
- G. After showering, youth will wear clean underwear, shorts and **shower sandals**. Male youth are to have underwear and shorts/pants on at all times.
- H. Youth are given the opportunity to use lotion, deodorant and other personal care products directly following their showers.
- I. Lotion, deodorant, shampoo, soap and dentifrice will be provided to youth who do not have the approved items that are available for purchase in the commissary.

REFERENCES:

Procedures:	1-4-123	Prevention, Detection, Reporting and Response to Incidents of Sexual Abuse, Harassment and Misconduct in Juvenile Facilities (PREA)
	3-1-021	Supervising Youth of the Opposite Sex
	3-8-010	Laundry Procedures Youth Leadership Academy

G. Dransfeldt

APPROVED BY: