JUVENILE HALL PERSONAL HYGIENE GUIDELINES

- AUTHORITY: Administrative Directive, California Code of Regulations, Title 15, Sections 1390, 1485, 1486 and 1487
- **RESCINDS:** Procedure Manual Item 3-2-027 dated 08/01/13
- FORMS: N/A
- **PURPOSE:** To establish guidelines and procedures for implementing and supervising hygiene.
- I. GENERAL INFORMATION
 - A. **Youth** will be given an opportunity to wash their face and comb their hair before breakfast, and brush their teeth after each meal.
 - B. Individual hygiene items can be purchased during visiting in vending machines. Toothpaste, toothbrushes and other needed hygiene items will be provided for **youth** who cannot purchase them through the visiting procedure. All items should be labeled with the minor's name.
 - C. Personal hygiene items, including those purchased at visiting may not be taken away from a minor as part of a disciplinary process. If a **youth** is misusing personal hygiene items, the matter shall be referred to the Unit SJCO.

II. HYGIENE PROCEDURE

- A. One staff member should directly supervise hygiene. Whenever there is more than one **youth** in the bathroom, direct supervision is necessary.
- B. All **youth** need to be structured on behavior expectations and time limits before hygiene begins.
- C. Staff call **youth** from the meal tables or carpet area, a few at a time, to brush their teeth and use the bathroom. There should be no more than five (5) **youth** in the bathroom without SJCO approval.
- D. Each **youth** is allowed to get his/her toothbrush and toothpaste from his/her hygiene box before going into the bathroom.

III. SHAVING

A. **Youth**, except those who may not shave for reasons of identification in court, with special medical conditions, or because of suicide precaution status (Level I, II or III), shall be allowed to shave daily.

1. Male **Youth**

Shaving is done during free time and not during hygiene or showers. Only one razor at a time is given out and only one **youth** is to be at the sink shaving. When the **youth** has finished and returns his razor to staff, another one may be given out.

2. Female **Youth**

Shaving is to only be done during showers. Only one razor at a time is given out and only one **youth** is to be using the showers when a razor is being used. When the **youth** has finished and returns her razor to staff, another one may be given out. Female **youth** are only allowed to shave their armpits and legs.

- B. **Youth** shall not share disposable razors. Razors will only be used once.
- C. All used razors must be disposed of in a "Sharps" container. Prior to disposal, ensure that the blade is still in the razor before placing the razor in the "Sharps" container.

IV. HAIRCUTS

- A. All **youth** will be permitted one haircut per month by staff or volunteers.
- B. No **youth** is allowed to cut another **youth's** hair or their own hair.
- C. Prior to having their haircut, **youth** shall have written permission from their parent(s) or guardian. Permission for "Placement **Youth**" may be obtained from their assigned Placement DPO. **Youth** over the age of 18 years old do not need written permission from parent(s) or guardian to obtain a haircut.
- D. Probation staff may cut a **youth's** hair provided supervision of the group is not compromised.
- E. Shaved heads or fade haircuts using a blade clip less than number two clip are not permitted.
- F. All combs and clipper blades used to cut hair shall be disinfected between uses with an approved disinfectant. All combs, clippers and blades should be cleaned, disinfected and stored appropriately after use.

V. FEMALE HYGIENE

- A. All female **youth** shall be provided with appropriate feminine hygiene products as needed.
- B. Soiled feminine hygiene products shall be disposed of in accordance with established bloodborne pathogen precautions and procedures.

REFERENCES:

1-3-308	Bloodborne Pathogens: Preventative Measures and Exposure Guidelines
1-4-123	Prevention, Detection, Reporting and Response to Incidents of Sexual Misconduct
3-1-021	Supervising Youth of the Opposite Sex
3-1-022	Youths' Rights
3-2-007	Daily Schedule - Weekday (Juvenile Hall)
3-2-008	Daily Schedule - Saturday (Juvenile Hall)
3-2-009	Daily Schedule - Sunday (Juvenile Hall)
3-2-010	Daily Schedule - Holiday (Juvenile Hall)
	1-4-123 3-1-021 3-1-022 3-2-007 3-2-008 3-2-009

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APPROVED BY: